

# McIntosh High School bands MEDICATION FORM

Dispensing Guidelines:

- Prescription and over the counter medications must be in original containers.
- Prescription medications must be checked in and out with the First Aid Committee Chair
- Prescription and over the counter medications will not be left unattended.

Student Name:	
Student Date of Birth:	
Drug Allergies:	
Please Circle one option:	
Student MAY be given OTC medications	Student MAY NOT be given OTC medications
Parent/Guardian Name(s):	
Work Phone:	Cell Phone:
Parent/Guardian Signature:	

**If you will be providing medication, please fill out the box(es) below.**

**Medication Information –each medication must be listed separately.**

Please circle: Over the Counter Medication or Prescription Medication
<b>Medication #1</b>
Name of Medication:
Reason for Use:
Directions for use (dose and time):
Special dispensing directions:

Please circle: Over the Counter Medication or Prescription Medication
<b>Medication #2</b>
Name of Medication:
Reason for Use:
Directions for use (dose and time):
Special dispensing directions:

Student Name: \_\_\_\_\_

Please circle: Over the Counter Medication or Prescription Medication
<b>Medication #3</b> Name of Medication:
Reason for Use:
Directions for use (dose and time):
Special dispensing directions:

Please circle: Over the Counter Medication or Prescription Medication
<b>Medication #4</b> Name of Medication:
Reason for Use:
Directions for use (dose and time):
Special dispensing directions:

Please circle: Over the Counter Medication or Prescription Medication
<b>Medication #5</b> Name of Medication:
Reason for Use:
Directions for use (dose and time):
Special dispensing directions:

Please circle: Over the Counter Medication or Prescription Medication
<b>Medication #6</b> Name of Medication:
Reason for Use:
Directions for use (dose and time):
Special dispensing directions:

Please circle: Over the Counter Medication or Prescription Medication
<b>Medication #7</b> Name of Medication:
Reason for Use:
Directions for use (dose and time):
Special dispensing directions:

# McIntosh High School Band Anaphylaxis Emergency Action Plan

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

ALLERGY TO: \_\_\_\_\_

Asthma:  Yes (high risk for severe reaction)  No

Other Health problems besides anaphylaxis: \_\_\_\_\_

Concurrent medication, if any: \_\_\_\_\_

### SYMPTOMS OF ANPHYLAXIS INCLUDE:

<b>MOUTH:</b>	<b>itching, swelling of lips and/or tongue</b>
<b>THROAT*:</b>	<b>itching, tightness/closure, hoarseness</b>
<b>SKIN:</b>	<b>itching, hives, redness, swelling</b>
<b>GUT:</b>	<b>vomiting, diarrhea, cramps</b>
<b>LUNG*:</b>	<b>shortness of breath, cough, wheeze</b>
<b>HEART*:</b>	<b>weak pulse dizziness, passing out</b>

**Only a few symptoms may be present. Severity of symptoms can change quickly.**  
**\*Some symptoms can be life-threatening! ACT FAST!**

### WHAT TO DO:

1. INJECT EPINEPHRINE IN THIGH USING:  EpiPen Jr. (0.15 mg)  Twinject (o.15 mg)  
 EpiPen Jr. (0.3 mg)  Twinject (0.3 mg)

Other medication/dose/route: \_\_\_\_\_

**IMPORTANT: ASTHMA PUFFERS AND/OR ANTIHISTAMINES CANNOT BE DEPENDED ON IN ANAPHYLAXIS!**

2. CALL 911 or RESCUE SQUAD (*BEFORE CALLING CONTACTS!*)

### 3. EMERGENCY CONTACTS:

Emergency contact #1: home \_\_\_\_\_ work \_\_\_\_\_ cell \_\_\_\_\_

Emergency contact #2: home \_\_\_\_\_ work \_\_\_\_\_ cell \_\_\_\_\_

Emergency contact #3: home \_\_\_\_\_ work \_\_\_\_\_ cell \_\_\_\_\_

**DO NOT HESITATE TO GIVE EPINEPHRINE!**

COMMENTS: \_\_\_\_\_

\_\_\_\_\_  
Doctor's Signature/Date

\_\_\_\_\_  
Parent's Signature (for individuals under 18 years)/Date

Adapted from J Allergy Clin Immunol 1998; 102: 173-176 and J Allergy Clin Immunol 2006; 117: 367-377

# McIntosh High School Bands Asthma Action Plan

To the Parents/Guardians of:

\_\_\_\_\_

Student's Name

**If your student experiences asthma episodes, please fill out the following form. Since this is a serious and potentially life-threatening condition, the band needs information to insure the correct reaction is taken during an asthma episode.**

Please describe the nature, approximate frequency and severity of the episodes:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Peak Flow:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Triggers:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Steps for an acute asthma episode** (as recommended by physician):

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_

Parent's Guardian's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

